

Investigating difficulties

Addressing needs

Finding Solutions

Practical support and solutions for parents, families and caregivers who are parenting or caring for children, teenagers, adults or seniors.

This includes, but is not limited to, those living with a:

- behavioural challenge
- language or communication delay/disorder
- physical or intellectual disability
- neurodevelopmental disorder (autism, ADHD etc.)
- medical condition
- neurocognitive disorder (Alzheimer's etc.)
- loss of autonomy, or
- other specific special need, condition or diagnosis

Needs based and solution oriented services for parents, families and caregivers



Laurie Mitchell Special Care Counsellor





My services meet your needs by providing targeted assistance that aims to improve your situation

Contact me for more information, if.......

- you have just received a diagnosis for someone in your care, and you aren't sure where to start
- you know what you need to do, but can't figure out exactly how to do it
- you feel you are doing everything you can and yet it still doesn't seem to be enough; you worry nothing will ever change
- you are using recommended methods and strategies, but you're not seeing progress or change
- you are fed up and want things to be different
- you've been in this for years, and you feel like you're dealing with the same things all the time



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