

WORKSHOP LIST

EMBRACING AUTISM



Provides information specifically about autism, the affect on behaviour, what areas of life are impacted, and practical suggestions for supporting an autistic individual in your day to day reality.

EMBRACING ALZHEIMER'S



Provides information specifically about Alzheimer's and other neurocognitive disorders, the impact on behaviour and life areas, and practical suggestions for supporting someone in your day to day reality.

EMBRACING HUMAN NEEDS



Provides general information about human development, understanding behaviour, addressing needs, and practical suggestions for parenting, educating or supporting someone in your day to day reality.

BEHAVIOUR AND COMMUNICATION



Provides in-depth information for understanding the reason behind behaviour, the communication process, and practical suggestions for parenting, educating or supporting through difficult behaviour.

Workshops can be presented as a single workshop or combined into a series

TECHNIQUES FOR CARING/SUPPORTING



Understanding and using specific strategies to effectively support someone to learn, grow and maintain dignity, independence, connection and belonging.

SENSORY AND EMOTIONAL REGULATION



Understanding sensory processing and emotional learning, and discussion of various practical techniques to support and teach sensory and emotional regulation in your day to day reality.

TECHNIQUES FOR USING VISUALS



Provides practical techniques for using visual tools and supports for someone who requires alternative and/or augmentative communication.

GOALS AND INTERVENTIONS



Provides an overview of the components of common plans such as IEPs and ISPs, followed by recommendations for choosing goals and interventions.

APPROACHING AUTISM



A workshop for anyone looking to understand more about autism and it's impact, and discuss your role in accepting and including autistic individuals.

AUTISM ACCEPTANCE



Provides general information about autism and it's impact, as well as how your own actions contribute to acceptance and inclusion, through a guided reflection and discussion.

AUTISM AWARENESS



Provides general information about autism and it's impact, as well as what you need to be aware of regarding your own actions and how they contribute to acceptance.