

As a full-time single mom of two Autistic sons for almost nine years now, (Luca, 22 and Alessio, 15) my journey began the better part of 20 years ago!

I also have the privilege of working in the field for over three years now, with families like mine, through the Agape HEY Program (Healthy Early Years).

Parents of neuro-diverse children with special needs can attend a series of four workshops, unique to Laval, offered in English, free of charge!

The HEY Parent Workshops are offered virtually three times during the year (January., May, and October).

There is also the HEY Parent Support Group , which is also offered virtually, once per month. And finally, there is the HEY Playdate, held once a month on Saturday afternoons.

For all those interested in contacting me to learn more about my journey, my sons, who have expanded my horizons beyond anything I could have ever imagined for myself; as well as for more information concerning Agape's HEY Program, don't hesitate to reach out to me, through my contact information below.

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